

# Clinical Dietetics for Bariatric Surgery

## Online Evergreen Course

### Who is this course for?

Dietitians who have little to no experience within the area of Bariatric Surgery. This course can also be used as a refresher if you are returning to practice within this area.

### What are the learning objectives of this course?

#### Module 1

- Provide an overview of obesity and bariatric surgery, and their relationship.
- Understand the role of the dietitian within the multidisciplinary team supporting patients electing for bariatric surgery.

#### Module 2

- To provide detail on the common bariatric surgery procedures in Australia including their classification, patient selection criteria, expected outcomes, implications, and possible complications.

#### Module 3

- To build understanding of the nutritional management of the patient with bariatric surgery with respect to both macro- and micronutrients.

#### Module 4

- To give dietitians the ability to provide evidence-based preoperative medical nutritional therapy bariatric surgery candidates

#### Module 5

- To give dietitians the ability to manage the postoperative nutrition of the bariatric surgery patient.

#### Module 6

- To provide an understanding of the different non-surgical modalities available to the bariatric surgery candidate.

### How long will I have access to the course?

Once you have been uploaded onto the Learning Management System (LMS), you will have on-going access to the course and associated materials.

### Do I need to complete the course in any order?

This course is self-paced, which means you can do as little as you like or as much as you like at any given time. It is recommended that you start at Module 1 and then progress through to Module 6, as each module will build on knowledge from the previous module.

### What are the course requirements?

To receive your 'Professional Certificate', you will need to complete the assessment items (Multiple choice Questions (MCQs)) and participate in discussion forums throughout the course.

### **How long will it take me to do the course?**

This online course is worth 30 CPD hours, so it should take approximately 30 hours to complete. You will need to manually upload your CPD hours for this course.

### **Who were the Content Matter Experts for this course?**

This course was brought to you by the Centre for Advanced learning (CAL). CAL worked closely with the team from Nutrition Research Australia (NRAUS) to bring you this course.

### **Was this course peer-reviewed?**

Yes. This course was peer-reviewed.